PONDICHERRY UNIVERSITY COMMUNITY COLLEGE Lawspet, Puducherry – 605 008.

SECOND ADMISSION COUNSELLING FOR THE ACADEMIC YEAR 2024-25

Supplementary admission and counselling for filling up the vacant seats in Bachelor of Physical Education and Sports (Honors) [BPESHONS] is scheduled as follows:

Online Admission Application Form Opening Date	14.08.2024
Online Admission Application Form Closing Date	17.08.2024
Physical Fitness and Games Proficiency Test Date	19.08.2024 9.00 AM
Physical Fitness and Games Proficiency Test Venue	Circle Hall, PUCC
Intimation of shortlisted Applicants	21.08.2024
Payment of Admission Fees by shortlisted Applicants	22.08.2024

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PONDICHERRY UNIVERSITY COMMUNITY COLLEGE LAWSPET, PONDICHERRY – 605 008.

Prof. LALITHA RAMAKRISHNAN PRINCIPAL (I/c) LAWSPET,

PUDUCHERRY – 605 008.

PUCC/DPEY/B.P.E.S Admission/2024-2025/

13.08.2024

<u>PHYSICAL FITNESS AND GAMES PROFICIENCY TEST</u> <u>FOR B. P. E. S DEGREE COURSE 2024 -2025 - INTIMATION LETTER</u>

With reference to your application for B.P.E.S Degree course, you are hereby informed to be present in person for certificates verification, Physical Fitness Tests, Games Proficiency test to be held on 19th August, 2024 (Monday) at 09.00 a.m. onwards in Circle Hall, Pondicherry University Community College, Lawspet, Puducherry – 605 014. Late comers will not be entertained.

The Physical Fitness Tests, Game Proficiency & Certificate Verification test will be conducted as given below:

Physical Fitness Tests for Men and Women Candidates

	Total	100 Marks
3.	Qualifying Examination Marks	- 20 Marks
2.	Games Proficiency Test (includes all recognized Games and Sports	- 20 Marks
1.	100 mts. Run, Shot Put, and 12 min./9 min. Run & Walk	- 60 Marks

- A candidate must select **any ONE of the games/sports** according to his / her choice and fill-up the game in the Individual Score Sheet PART I, S. No. 8.
- All tests are compulsory. (Physical Fitness, Games proficiency). If a candidate is absent for one or more tests then he/she is not eligible for admission. Admission will be given for meritorious candidates only.
- **No T. A. and D. A. will be paid** for attending the Physical Fitness, Games Proficiency. You have to make your own arrangements for boarding and lodging during your stay at Puducherry. Make your own transport arrangement for coming to the Pondicherry University, Kalapet, Puducherry 605 014.

You must bring all your Original Certificates, Filled in Medical Examination Form from a recognized Medical Officer and Filled - in Individual Score Sheet. Without the following Original Certificates no candidate is allowed to participate in the Physical Fitness and other tests. Only Medically Fit candidates are allowed to participate in the Physical Fitness and Games Proficiency Test.

- a. Proof of your age.
- b. Academic Mark Sheet H. S. C./ Equallent.
- c. Games and Sports Proficiency Certificates.
- d. Attested copy of Community Certificate for all (SC/ST, EWS, etc., and Non-Creamy layer Certificate for OBC).
- e. Transfer Certificate and Conduct Certificate from the School/ Institution last studied.
- f. <u>Health Record Booklet won't be accepted</u>. The prescribed Medical Examination Form is enclosed. Filled-in Medical Examination form received from a recognized Medical Officer should be submitted at the time of registration.
- g. Bring this Intimation letter.
- h. Fill-up the Individual Score sheet Part I and II which is enclosed with letter.
- i. **Bring one set of attested Xerox copies** of academic mark sheets i.e., H.S.C./ Equivalent; Games and Sports Proficiency Certificates.
- j. Chest No. will be issued at the time of Registration. Hence do not fill-up Chest Number.

INSTRUCTIONS:

- 1. You **must bring your playing kit**, **dress and equipments** such as Hockey Stick, Canvas, and Spikes, Cricket bat, Football boots, Badminton racquet, Ballbadminton racquet etc. and you have to appear in the following playing kit for the above tests.
 - (i) Shorts, Sleeveless banian or "T" shirt & Shoes
- 2. You have to deposit Rs. 50/- (Rupees fifty only) for one set of chest numbers and pins. The chest Number has to be fixed in front and back of the "T" shirt / banian. The chest numbers and pins must be handed over after all the tests are over and get the deposited amount Rs.50/, if not depositing the chest numbers and pins the deposited amount will not be refunded.

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3. You must bring a PEN.

(Prof. LALITHA RAMAKSRISHNAN)

PRINCIPAL (I/c)

PONDICHERRY UNIVERSITY COMMUNITY COLLEGE LAWSPET, PONDICHERRY – 605 008.

Physical Fitness and Games Proficiency Test for B.P.E.S Degree course 2024 – 2025.

INDIVIDUAL SCORE SHEET

$\underline{PART-I}$

2. 1 3. 0 4. 5 5. 4 6. 0 7. 0 8. 0	Name of the Candidate (Date of Birth & Age (A) Community Sex Application No. Qualifying Exam Qualifying Exam Passed Game of your Choice (a)	as on 01-07-2024) Appeared / Awaiting ONE of the Games	: OC / OBC / Male / Fem : HSC / Othe g for Results & s):	rs Year of Passing:	
PART -		GAMES & SPORTS			Year of
Sl. No.	=	ented for District / Int	er Dist. / State	Participation	
1	•				Participation
2					
3					
4					
5					
6					
7					
	Fill – up the highest level certify that the above paity College can cancel a	articulars are correct. In a some second and a second a s	f anything is fo	ound false, the Pond Signate	
рH	N IYSICAL FITNESS TI	OT TO BE FILLED I			S _ 20 MARKS
Sl.	Test Items	Performance	Marks Obtained	Max. Marks	Faculty Signature
1	100 mts. Run	Sec.		20	
2	Shot –Put	Mts.		20	
3	12 / 9 mts, Run/walk	Mts.		20	
4	Game of Choice			20	
Physical	Fitness Test & Game	s Proficiency Test Ma	arks =	/ 80 Mark	s
Qualifying Examination Marks		=	/ 20 Marks		
		Grand Total	=	/ 100 Mark	xs

PONDICHERRY UNIVERSITY COMMUNITY COLLEGE LAWSPET, PONDICHERRY – 605 008.

MEDICAL EXAMINATION FORM FOR PHYSICAL FITNESS TESTS

Name: Address:				Appl. No.:			
Audiess.							
Identification	Manka, 1						
identification							
	2.						
GENERAL E	XAMINATIO	ON:					
1. Height:	Cms.	2. Wei	ight:	kgs.	•	3. Posture:	
4. Chest Inspir	ration:	Cms.	5. Deep Inspi	ration:	Cms.	6. Expiration:	Cms.
5. General De	velopment of	Body:					
6. Speech:							
7. Blood Press	ure:		mm/Hg		8. Blood G	Froup:	
9. Family Hist	ory:						
Hypertensio	on:		Diabetes:		Hereditary	y Effects:	
Vaccination A	gainst: a. Sn	all Pox		b. Cho	lera:		
	c. Ty	phoid:		d. Hep	atisis:		
If vaccinated,	•	_	tion:	_			
10. Systems:							
a. Eye:	Acuity	R	${f L}$		Colour Vis	sion:	
•	Hearing:			Discha	rge:		
c. Nose:	G				C		
d. Oral Cavity	/:						
e. Skin:							
f. Cardio-Vaso	cular System	: Heart	Rate:		Hea	art Sound:	
g. Respiratory	•						
h. Gastrointes	•	:					
i. Genital-Urir	•						
j. Neuro-Muso							
k. Any other d	•						
•	of defects to	be atter	nded to:				
					;	Signature of Medica With Name & Sea	
Date:							
NOTE: Candi	dates must br	ing this	filled-in form	on 19 th	August, 20	24. Health booklet	will not

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be accepted